



SOCCER RULES

- 5 players per team on the court, one goalkeeper and 4 field players. Teams can have up to a maximum of 7 players participating in any one match (unless otherwise arranged with Management)
- Substitutions can occur at any time the ball is with your team's goalkeeper, after a goal is scored or a free kick is awarded to your team. Players must alert the referee to the fact that they want to make a substitution so that the game can be stopped. **SUBSTITUTIONS CANNOT OCCUR WHILE THE GAME IS RUNNING.**
- Teams can swap goalkeepers throughout the game in the same way as a substitution is made.
- No Slide Tackles or playing the ball while the player is lying on the ground. Tackling from behind is also more stringently penalised than outdoor soccer. You must contact the ball only whilst tackling. If you strike your opponents legs or cause the opponent to fall in a dangerous manner, a free kick may be awarded at the discretion of the referee.
- Goalkeeper's zone – marked semi-circle at either end of the court around the goals. No player is allowed to enter this area and the goalkeeper cannot come out of this zone, either by reaching or by grounding ie. Players cannot reach in the area to kick the ball if it is in the air and the goalkeeper cannot reach out of the zone to grab the ball. If this occurs a penalty is awarded to the opposition.
- The opposition team must be back behind the yellow third line for any kick-off from the centre after a goal is scored or at the start of the half. All centre kicks are indirect, meaning the ball must be passed and a shot cannot be taken from the kick-off.
- Players are only able to grab the net for balance with one hand, not two. A free kick will be awarded if this occurs.
- Poor sportsmanship, bad behaviour and/or rough conduct will be dealt with by the referee. Players may be sent off the court if the incident is severe enough. We hope this does not occur but it must be known that players will be dealt with if they do the wrong thing. Please keep in mind this is a social competition and the idea is to provide an opportunity for all types of people to get involved in the world game. We kindly ask supporters to encourage good behaviour and sportsmanship between teams which will help us establish a great competition for you all to play in! Supporters are also warned that poor behaviour on the sidelines will also not be tolerated and patrons may be asked to leave by management if their behaviour is unacceptable.
- Please be aware that games are timed using a central timer and as such your game cannot be delayed if the team is not on time.
- Enclosed shoes must be worn at all time. As it is a carpeted court, **NO SPIKES ARE ALLOWED!**

If you require any clarification on these rules or anything else please speak to the referee or Management.